

Often children in the middle of high conflict divorce have a strained or severed relationship with one parent. As a result, the courts will often times refer the parties for therapeutic supervised visitation. This visitation includes a parent and one or more children in the presence of a third party – who is responsible for observing and ensuring the safety of all involved. These visits also offer a safe and neutral atmosphere, in order to facilitate and assess the rebuilding of relationships between parent and child(ren). The therapeutic component which may be added to typical supervised visitation (where there is just observation and no directives or clinical intervention), is that the mental health professional will guide, intervene, suggest, and facilitate interactions and conversation between the parties involved in the visitation session.